

Professional Development



Cooperating School Districts



8225 Florissant Road
St. Louis, MO 63121

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(800) 835-8282

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CPR & First Aid Certifications



You never know when an injury or medical emergency will occur to someone in your family, to a co-worker, or to anyone you meet. Would you know how to help? Through just a few hours of training, you can learn to be ready to help in an emergency.

This course trains Lay Responders to recognize and respond to emergency situations and care for life-threatening respiratory or cardiac emergencies in adults (12 years and older), children (between 1 year and 12 years), and give care to help sustain life and minimize the consequences of injury or sudden illness until medical help arrives. You will learn to care for conscious and unconscious choking victims, perform CPR (cardiopulmonary resuscitation) and use an Automated External Defibrillator (AED) on a victim of sudden cardiac arrest. Course also includes identifying and treating shock, stroke, diabetic emergencies, heat and cold related emergencies, poisoning and allergic reactions. In addition, you will learn to control bleeding, care for a muscle, bone or joint injury, and care for a head, neck or back injury. Students will receive a CPR/AED-Adult certificate valid for one year and First Aid certificate valid for three years.

Date: Friday, March 5, 2010
Time: 8:30 A.M. - 3:30 P.M.
Location: American Red Cross
10195 Corporate Sq, St. Louis, MO 63132

Costs: \$95 CSD members; \$119 non-members

Payment must accompany registration. Costs includes lunch and materials.

Reference No.: 01031-03

To register on-line go to: <http://seminars.csd.org:8080/default.a4d?courseid=01031-00>

Registration

Deadline: February 19, 2010

SAVE THE DATES: Nov. 6, 2009-Using Mindfulness in the Office; Dec. 4, 2009-Introduction to Emergency Incident Preparedness and Planning; April 9, 2010- Generations in Change/Building Killer Teams; June 9, 2010-Mini-conference

Sign up for the June 9, 2010 Mini-Conference by December 30, 2009 and save 10%.

For more information please contact Karen Vaughan, 314-692-1250, kvaughan@csd.org, fax 314-872-9128. Please visit csd.org to sign up for the E newsletter and to see the professional development calendar.



NOTE: Participants who cancel after the registration deadline will be subject to a cancellation fee. "No shows" will be charged in full.

Please register me for (Name of Workshop)		(on)	(Reference #)		
Name					Mr/Ms/Mrs/Dr
Home Address		City	State	Zip	
School	District	Grade Level(s)	Specialty/Subject(s)		Educational Role
School Phone	Home Phone	Email Address		Fax Number	

Payment (check one) Check enclosed Purchase order enclosed Please bill my district

Please copy this form for additional participants.

Mail or Fax to CSD, Attn: Registrar, 8225 Florissant Road, St. Louis, MO 63121 • kvaughan@csd.org or fax to (314) 692-9700/Fax.